



**BACK
TO
SCHOOL**

Daily Pizza Specials:
Cheese Pizza Available
Daily
M/W/F: Pepperoni
Pizza
T: Buffalo Chicken Pizza
Th: Veggie Pizza

1
Chicken Patty on a
Whole Grain Bun
½.c Glazed Carrots
½.c Celery
½.c Pineapple

2
Meatball Hero
½.c Corn
½.c Red Pepper
Strip
½.c Mixed Fruit

5
**No School in
Observance
of Labor Day**

6
Walking Taco
½.c Refried Beans
½.c Cucumber Coins
½.c Applesauce

7
Burger Bar (Beef or
Veggies Burger on
Whole Grain Bun
with Cheese, Lettuce
and Tomatoes
½.c Green Beans
1c. Garden Salad
½.c Peaches

8
Buffalo Chicken
Mac and Cheese
(1G)
½.c Corn
½.c Broccoli Bites
½.c Pineapple

9
Deli Bar (Turkey, Turkey
Ham or Tuna Salad with
Cheese, Lettuce, Tomato
and a Pickle)
Pretzels
½.c Cole Slaw
½.c Baby Carrots
½.c Mixed Fruit

12
Cheesy Baked Ziti
Garlic Bread (1G)
½.c Zucchini
1c. Caesar Salad
½.c Diced Pears

13
Sweet & Sour Chicken
WG Rice (1G)
Whole Grain Roll (1G)
½.c Oriental Mixed
Veggie
½.c Cauliflower
½.c Applesauce

14
Baked Potato Bar with
Chili and Cheese
Whole Grain
Breadstick (1G)
½.c Steamed Broccoli
½.c Red Pepper Strips
½.c Peaches

15
Baked Chicken
Nuggets & Sauce
Choice
Whole Grain Roll
(1G)
½.c Brown Rice
½.c Glazed Carrots
½.c Broccoli Bites
½.c Pineapple

16
Fish Sandwich on a
Whole Grain Bun
(2G)
½.c French Fries
½.c Chickpea Salad
½.c Mixed Fruit

19
Chicken and Cheese
Quesadilla
½.c Corn
½.c Celery
½.c Diced Pears
Fresh Fruit

20
Hot Dog on a Bun
with Chili and
Cheese
½.c Tatar Tots
½.c Broccoli Bites
½.c Applesauce

21
Whole Grain Pasta
(1G)
And Meat sauce
Whole Grain
Breadstick (1G)
½.c Cauliflower
1c. Caesar Salad
½.c Peaches

22
Rotisserie Chicken
Served with a Biscuit
½.c Sweet Potatoes
½.c Baby Carrots
½.c Pineapple

23
Turkey and/or
Seasoned Black Bean
Nachos (2G)
With Cheese
½.c Cucumbers
½.c Mixed Fruit
Fresh Fruit

26
**No School in
observance
of Rosh
Hashana**

27
**No School PD
Day**

28
Chicken Parmesan
Sandwich on a Whole
Grain Bun
½.c Broccoli
½.c. Baby Carrots
½.c. Peaches

29
Open Hot Turkey
Sandwich with Gravy
½.c Mashed Potatoes
1c. Mixed Greens Salad
½.c Pineapple

30
Burger Bar (Beef or
Veggies Burger on a
Whole Grain Bun with
Cheese, Lettuce &
Tomato)
½.c Sweet Potato Fries
½.c Chickpea Salad
½.c Mixed Fruit

All Meals come with a choice of 1% White, Fat Free Chocolate, Fat Free White, Soy Milk or Lactaid. Alternate Daily Menu: Nut Butter & Jelly Sandwich, Garden Salad w/cheese, Chicken or Greek Salad, Ham/Cheeseburger, Turkey or Veggies Burger, Vegetarian Hummus Wrap or Deli Sandwich/ Wrap, Baby Carrots

If you have any questions, please contact, Lisa Finkenbinder, Director of Food Service at 518-475-6644 x 4